


The Art of MFE

A Monthly Edit by Dr. Miotto & the ME Plastic Surgery Team
Volume No. 6 | March | 2026



W E L C O M E

Welcome to the March edition of **The Art of ME**, where we celebrate thoughtful rejuvenation and lasting results. As Spring approaches, it's the perfect time to refresh your look and prioritize treatments that harmonize your features, refine your skin, and support long-term radiance. This month, we spotlight a refined surgical option, introduce a new laser treatment for periorbital rejuvenation, and share our favorite Vitamin C formulations to brighten and protect your complexion.



Surgical Spotlight

BROW LIFT

The Brow Lift is the New Brow Shaping

Dr. Miotto uses the endoscopic brow lift to restore the brow shape, and preserve facial structure. In the past, brow lifts were overdone, creating the surprised look. Nowadays, it is performed alongside the deep plane face and neck lift to reshape and restore the brows for a refreshed, harmonious expression without altering the periorbital area.

The Result:

- The endoscopic brow lift restores a natural arch and corrects the lateral brow hooding.
- Peri-orbital Rejuvenation: When paired with eyelid surgery, it contributes to a complete bright look.
- Integrated Results: A brow lift pairs exceptionally well with a face and neck lift, ensuring the upper face matches the defined contours of the jawline and neck for a balanced outcome.



Special Offer

**15% OFF ALL SKINCARE
UNTIL END OF DAY 3/31**

Call or text our office at 404-850-5851 to purchase.



Skin Health Spotlight

CO2 LASER FOR EYES

This month, we are excited to highlight the CO2 Laser as an option for improving thin skin and wrinkles around the eyes. Focused on the periorbital area, this treatment resurfaces the skin, targets fine lines, texture irregularities, and signs of sun damage.

What to Expect:

- Swelling and peeling for 7 days with variable redness for 2-3 weeks.
- Improvement of fine lines and crepey skin texture.
- By treating only the periorbital area, healing is faster than a full-face resurfacing.
- Smoother, brighter skin just 4-6 weeks after.

CO2 laser is an amazing treatment, but it does not replace surgery, it is a skin health treatment. This is an adjunct to surgery for improvements to skin texture, particularly on the eyelids and forehead.



Wellness Moment

REFRESH & RENEW

As we transition into the Spring season, it's the perfect time to take a "spring cleaning" approach to your skincare.

Simplify your routine by clearing out the clutter and disposing of expired or unused products that no longer serve your skin. Keep your approach intentional and focus on fewer, high-quality essentials that deliver real results.

This way your skin functions at it's best while making your daily routine feel effortless.



This Month's Featured Products

ISDIN Vitamin C Ampoules: A daily use ampoule that targets fine lines and wrinkles while strengthening the skin's support structures, maintain hydration, and restore luminosity.

Revision Vitamin C Correcting Complex 30%: A powerful Vitamin C treatment that brightens, evens tone, and supports collagen and elastin for firmer skin.

