The Art of ME

A Monthly Edit by Dr. Miotto & the ME Plastic Surgery Team

Volume No. 5 | February | 2026

WELCOME

Welcome to the February edition of **The Art of ME,** where we celebrate refined aesthetics and holistic wellbeing. As we embrace the season of connection and love, this month's newsletter highlights procedures that enhance expression and balance – from refined lip rejuvenation to glowing skin treatments. We'll also share a wellness moment focused on meaningful connection, whether with a loved one or through self-care.

Surgical Spotlight

LIP LIFT & CORNER LIFT

What Is a Lip Lift?

A lip lift is a surgical procedure that shortens the distance between the base of the nose and the upper lip, enhancing the vermillion (the pink part of the lip) and restoring natural proportions. This creates a more youthful, balanced smile and improves facial harmony, especially in patients with a longer or flattened upper lip that cannot be corrected with fillers alone.

What Is a Corner Lift?

A corner lift elevates the outer edges of the mouth to soften a downturned or neutral resting expression.

The Result:

- Enhanced definition and natural lip proportions
- Improved smile dynamics and upper-teeth show
- A subtly refreshed expression that complements your features

Many patients choose to combine these procedures for a harmonious outcome that refines both the central lip and the mouth's corners. When paired with complementary treatments such as fillers for gentle volume these lifts can contribute to an integrated rejuvenation plan.

Skin Health Spotlight

FACIAL WITH DERMAPLANING

This month we're excited to spotlight our new Signature ME Facial with Dermaplaning! Dermaplaning is a physical exfoliation technique that removes the top layer of dead skin cells and fine vellus hair ("peach fuzz"), revealing smoother, brighter skin and a more even texture.

What to Expect:

- Immediate skin smoothness and glow
- Enhanced absorption of serums and moisturizers
- A flawless base for makeup application
- A refreshed, radiant complexion

This non-invasive treatment is a wonderful pre-procedural addition and stands well on its own, helping refine and brighten skin.

Wellness Moment

CONNECTION & SELF CARE

February is a sweet reminder to reach out to a friend and spend real, uninterrupted time together, whether it's coffee, dinner, or just a long walk and good conversation. Those moments of connection do more for your mood and overall wellbeing than we often realize.

Sometimes the best self-care isn't a treatment, it's laughter, support, and connection.

This Month's Featured Product

REVISION YOUTHFUL LIP REPLENISHER

A hydrating, peptide-rich formula designed to smooth fine lines and enhance the appearance of youthful lip volume. It delivers lasting moisture and subtle fullness, making it an easy daily essential, especially during the cooler months.